

Career and Vocation – Summer 2023

Community Life Self Reflection and Assessment

Completion of the Individual Review Form and meeting with a WCSC staff member are a moment to reflect on how well the group is meeting its goals and commitments as a community and on the roles that you have played in the group's life together. This type of reflective self-assessment is important to do for any group effort or project you may be involved with in the future and is a standard component of employee review in most jobs.

Instructions: Provide responses in writing to the following questions. Submit your completed form through Moodle by midnight on **Monday, July 10**.

1. What is working well for the group? In what areas are you meeting or exceeding your goals and commitments to each other?
2. What areas of improvement do you see for the group?
3. How are you doing with your community role?
4. In what ways are you pulling your weight in the house? In what areas are you letting others pick up some slack?
5. What commitment would you like to make regarding your own participation in the house going forward?
6. Who would you like to publicly affirm for what they are bringing to life in the house? Why?
7. *[In our meeting, I will also be checking in on how things are going at your internship. Please come prepared to reflect on this, too.]*